BREAKFAST

NOVEMBER 2026

PAL Charter Academy

NOVEMBER 2 - NOVEMBER 30

Monday	Tuesday	Wednesday	Thursday	Friday
2 Banana Bread Fresh Fruit Fruit Juice Organic Low Fat Milk Soy/Nut Milk Alternative	3 Bagels & Cream Cheese Fresh Fruit Fruit Juice Organic Low Fat Milk Soy/Nut Milk Alternative	4 Whole Grain Cereal Fresh Fruit Fruit Juice Organic Low Fat Milk Soy/Nut Milk Alternative	5 Breakfast Burrito (Egg/Cheese/Turkey) Fresh Fruit Fruit Juice Organic Low Fat Milk Soy/Nut Milk Alternative	6
9 Whole Grain Cereal Fresh Fruit Fruit Juice Organic Low Fat Milk Soy/Nut Milk Alternative	10 Coffee Cake Fresh Fruit Fruit Juice Organic Low Fat Milk Soy/Nut Milk Alternative	11 VETERANS DAY CAMPUS CLOSED	12 Buttered Grits Fresh Fruit Fruit Juice Organic Low Fat Milk Soy/Nut Milk Alternative	13
16 Banana Bread Fresh Fruit Fruit Juice Organic Low Fat Milk Soy/Nut Milk Alternative	17 Whole Grain Cereal Fresh Fruit Fruit Juice Organic Low Fat Milk Soy/Nut Milk Alternative	18 Whole Grain French Toast Sticks Fresh Fruit Fruit Juice Organic Low Fat Milk Soy/Nut Milk Alternative	19 Cereal Bar Fresh Fruit Fruit Juice Organic Low Fat Milk Soy/Nut Milk Alternative	20
23 Happy Thanksgiving	24 Happy Thanksgiving	25 Happy Thanksgiving	26 Happy Thanksgiving	27 Happy Thanksgiving
30 Banana Bread Fresh Fruit Fruit Juice Organic Low Fat Milk Soy/Nut Milk Alternative				

This Institution is an equal opportunity provider.
All grains offered are Whole Grain Rich

(V)- Vegetarian (DF) - Dairy Free

Choice of Organic Low Fat Milk or Soy Milk is offered daily

Menu items are subject to change based on product availability