

Monday
Tuesday
Wednesday
Thursday
Friday


1
BEEF HOT DOG
POTATO WEDGES
FRUIT JUICE
(V) (DF) **ALTERNATE:** PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

2
CHICKEN TERIYAKI W/ MIXED VEGETABLES
& JASMINE RICE
FRUIT JUICE
(V) (DF) **ALTERNATE:** PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

3
CHEESEBURGER
W/ CUCUMBERS
FRUIT JUICE
(V) (DF) **ALTERNATE:** PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE



8
CHILI CHEESE NACHOS
W/ ORANGE WEDGES
FRUIT JUICE
(V) (DF) **ALTERNATE:** PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

9
TURKEY & CHEESE CROISSANT
FRUIT SALAD
FRUIT JUICE
(V) (DF) **ALTERNATE:** PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

10
CHICKEN NUGGETS
MASHED POTATOES & NAAN BREAD
FRUIT JUICE
(V) (DF) **ALTERNATE:** PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE



14
GRILLED CHEESE SANDWICH
W/ CARROT STICKS
FRUIT JUICE
(V) (DF) **ALTERNATE:** PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

15
BEEF FAJITA BOWL W/ RICE, BEANS
& CORN TORTILLA
FRUIT JUICE
(V) (DF) **ALTERNATE:** PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

16
BEEF HOT DOG
POTATO WEDGES
FRUIT JUICE
(V) (DF) **ALTERNATE:** PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

17
PEPPERONI PIZZA OR CHEESE PIZZA
FRESH FRUIT
FRUIT JUICE
(V) (DF) **ALTERNATE:** PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE



21
TURKEY & CHEESE CROISSANT
FRUIT SALAD
FRUIT JUICE
(V) (DF) **ALTERNATE:** PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

22
BEEF HOT DOG
POTATO WEDGES
FRUIT JUICE
(V) (DF) **ALTERNATE:** PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

23
CHICKEN TERIYAKI W/ MIXED VEGETABLES
& JASMINE RICE
FRUIT JUICE
(V) (DF) **ALTERNATE:** PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

24
CHEESEBURGER
W/ CUCUMBERS
FRUIT JUICE
(V) (DF) **ALTERNATE:** PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE



28
CHICKEN NOODLE SOUP
W/ WHOLE GRAIN TOAST
FRUIT JUICE
(V) (DF) **ALTERNATE:** PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

29
CHILI CHEESE NACHOS
W/ ORANGE WEDGES
FRUIT JUICE
(V) (DF) **ALTERNATE:** PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

30
TURKEY & CHEESE CROISSANT
FRUIT SALAD
FRUIT JUICE
(V) (DF) **ALTERNATE:** PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

This Institution is an equal opportunity
provider.
All grains offered are Whole Grain Rich

(V) - Vegetarian (DF) - Dairy Free

Choice of Organic Low Fat
Milk or Soy Milk is offered
daily

Menu items are subject to
change based on product
availability