

Monday
Tuesday
Wednesday
Thursday
Friday


BEEF HOT DOG
POTATO WEDGES
FRUIT JUICE
 (V) (DF) **ALTERNATE:** PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

CHILI CHEESE NACHOS
W/ ORANGE WEDGES
FRUIT JUICE
 (V) (DF) **ALTERNATE:** PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

BEEF FAJITA BOWL W/ RICE, BEANS
& CORN TORTILLA
FRUIT JUICE
 (V) (DF) **ALTERNATE:** PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

BEEF HOT DOG
POTATO WEDGES
FRUIT JUICE
 (V) (DF) **ALTERNATE:** PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

CHILI CHEESE NACHOS
W/ ORANGE WEDGES
FRUIT JUICE
 (V) (DF) **ALTERNATE:** PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

CHICKEN TERIYAKI W/ MIXED VEGETABLES
& JASMINE RICE
FRUIT JUICE
 (V) (DF) **ALTERNATE:** PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

TURKEY & CHEESE CROISSANT
FRUIT SALAD
FRUIT JUICE
 (V) (DF) **ALTERNATE:** PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

BEEF HOT DOG
POTATO WEDGES
FRUIT JUICE
 (V) (DF) **ALTERNATE:** PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

CHICKEN TERIYAKI W/ MIXED VEGETABLES
& JASMINE RICE
FRUIT JUICE
 (V) (DF) **ALTERNATE:** PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

TURKEY & CHEESE CROISSANT
FRUIT SALAD
FRUIT JUICE
 (V) (DF) **ALTERNATE:** PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

CHEESEBURGER
W/ CUCUMBERS
FRUIT JUICE
 (V) (DF) **ALTERNATE:** PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

CHICKEN NUGGETS
MASHED POTATOES & NAAN BREAD
FRUIT JUICE
 (V) (DF) **ALTERNATE:** PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

PEPPERONI PIZZA OR CHEESE PIZZA
FRESH FRUIT
FRUIT JUICE
 (V) (DF) **ALTERNATE:** PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

CHEESEBURGER
W/ CUCUMBERS
FRUIT JUICE
 (V) (DF) **ALTERNATE:** PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

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