

AUGUST 2026

Middle School

AUGUST 3 - AUGUST 31

 LUNCH



Monday

Tuesday

Wednesday

Thursday

Friday



3



4



5



6



7

TURKEY & CHEESE CROISSANT
FRUIT SALAD
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

10

BEEF HOT DOG
POTATO WEDGES
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

11

CHICKEN TERIYAKI W/ MIXED VEGGIES
& JASMINE RICE
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

12

CHEESEBURGER
W/ CUCUMBERS
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

13



14

CHICKEN NOODLE SOUP
W/ CRACKERS
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

17

CHILI CHEESE NACHOS
W/ FRUIT CUP
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

18

TURKEY & CHEESE CROISSANT
FRUIT SALAD
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

19

CHICKEN NUGGETS
MASHED POTATOES & NAAN BREAD
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

20



21

GRILLED CHEESE SANDWICH
W/ CARROT STICKS
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

24

BEEF FAJITA BOWL W/ RICE, BEANS
& CORN TORTILLA
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

25

BEEF HOT DOG
POTATO WEDGES
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

26

PEPPERONI PIZZA OR CHEESE PIZZA
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

27



28

TURKEY & CHEESE CROISSANT
FRUIT SALAD
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

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This Institution is an equal opportunity provider.
All grains offered are Whole Grain Rich

(V)- Vegetarian (DF) - Dairy Free

Choice of Organic Low Fat Milk or Soy Milk is offered daily

Menu items are subject to change based on product availability