

Monday

VEGGIE FRIED RICE W/ CHICKEN EGG ROLLS
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

2

Tuesday

CHICKEN ALFREDO W/ GREEN BEANS & CARROTS
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

3

Wednesday

CHICKEN CARNITAS SALAD W/ QUESADILLA
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

4

Thursday

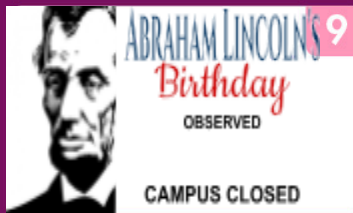
RED BEANS & RICE W/ CHICKEN CORNBREAD MUFFIN
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

5

Friday



6



9

SEASONED CHICKEN NUGGETS W/ MASHED POTATOES & BUTTERED ROLL
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

10

BEEF HOT DOG W/ STREET CORN
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

11

BBQ BAKED CHICKEN, GREEN BEANS & ROLL
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

12



13



16

CHICKEN & WAFFLES
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

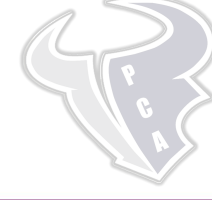
17

CHICKEN JAMBALAYA
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

18

FRENCH ONION STEAK, RICE, & CORN SUCCOTASH
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

19



20

VEGGIE FRIED RICE W/ CHICKEN EGG ROLLS
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

23

CHICKEN ALFREDO W/ GREEN BEANS & CARROTS
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

24

CHICKEN CARNITAS SALAD W/ QUESADILLA
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

25

FRIED CHICKEN, MAC & CHEESE, FRIED CABBAGE, CORNBREAD
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

26



27

This Institution is an equal opportunity provider.
All grains offered are Whole Grain Rich

(V)- Vegetarian (DF) - Dairy Free

Choice of Organic Low Fat Milk or Soy Milk is offered daily

Menu items are subject to change based on product availability