

**BREAKFAST****FEBRUARY 2026**

PAL Charter Academy

FEBRUARY 1 - FEBRUARY 27

Monday

WHOLE GRAIN CEREAL **2**
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE



ABRAHAM LINCOLN'S
Birthday
OBSERVED

CAMPUS CLOSED

Tuesday

BLUEBERRY OAT MUFFIN **3**
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

WHOLE GRAIN CEREAL **10**
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

CINNAMON ROLL w/ BACON **17**
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

WHOLE GRAIN CEREAL **23**
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

Wednesday

WHOLE GRAIN CEREAL **4**
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

LOADED BREAKFAST BOWL **11**
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

WHOLE GRAIN CEREAL **18**
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

WHOLE GRAIN CEREAL **25**
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

Thursday

BUTTERED GRITS **5**
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

MAPLE BUTTER OATMEAL **12**
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

BROWN BUTTER PANCAKES **19**
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

BUTTERED GRITS **26**
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

Friday**6****13****20****27**

This Institution is an equal opportunity provider.
All grains offered are Whole Grain Rich

Choice of Organic Low Fat Milk or Soy Milk is offered daily

(V)- Vegetarian (DF) - Dairy Free

Menu items are subject to change based on product availability