

Monday

Tuesday

Wednesday

Thursday

Friday

5
Happy New Year

6
Happy New Year

7
Happy New Year

8
Happy New Year

9
Happy New Year

12
VEGGIE FRIED RICE W/ CHICKEN EG
ROLLS
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

13
CHICKEN ALFREDO W/ GREEN BEANS
& CARROTS
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

14
CHICKEN CARNITAS SALAD W/
QUESADILLA
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

15
RANCH BACON CHICKEN SANDWICH
W/ FRIES
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE



19

Martin Luther
King Jr
Day
Campus Closed

20
SEASONED CHICKEN NUGGETS W/
MASHED POTATOES & BUTTERED RO
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT PARFAIT
W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

21
BEEF HOT DOG W/ STREET CORN
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

22
PEPPERONI OR CHEESE FLATBREAD
PIZZA W/ FRUIT CUP
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE



26
CHICKEN BROCCOLI CHEDDAR SOUP
CORNBREAD MUFFIN
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

27
CHICKEN & WAFFLES
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

28
CHICKEN JAMBALAYA
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

29
CHEESEBURGER W/ BAKED CHIPS
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE



This Institution is an equal opportunity provider.
All grains offered are Whole Grain Rich

(V)- Vegetarian (DF) - Dairy Free

Choice of Organic Low Fat Milk or Soy Milk is offered daily

Menu items are subject to change based on product availability