

Monday

Tuesday

Wednesday

Thursday

Friday

Happy New Year

VEGGIE FRIED RICE W/ CHICKEN EGGS ROLLS  
FRESH FRUIT  
FRUIT JUICE  
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

CHICKEN ALFREDO W/ GREEN BEANS & CARROTS  
FRESH FRUIT  
FRUIT JUICE  
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

CHICKEN CARNITAS QUESADILLA  
FRESH FRUIT  
FRUIT JUICE  
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

RANCH BACON CHICKEN SANDWICH W/ FRIES  
FRESH FRUIT  
FRUIT JUICE  
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

 **Martin Luther King Jr Day**  
**Campus Closed**

SEASONED CHICKEN NUGGETS W/ MASHED POTATOES & BUTTERED ROLLS  
FRESH FRUIT  
FRUIT JUICE  
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

BEEF HOT DOG W/ STREET CORN  
FRESH FRUIT  
FRUIT JUICE  
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

PEPPERONI OR CHEESE FLATBREAD PIZZA W/ FRUIT CUP  
FRESH FRUIT  
FRUIT JUICE  
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

CHICKEN BROCCOLI CHEDDAR SOUP  
CORNBREAD MUFFIN  
FRESH FRUIT  
FRUIT JUICE  
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

CHICKEN & WAFFLES  
FRESH FRUIT  
FRUIT JUICE  
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

CHICKEN JAMBALAYA  
FRESH FRUIT  
FRUIT JUICE  
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

CHEESEBURGER W/ BAKED CHIPS  
FRESH FRUIT  
FRUIT JUICE  
(V) (DF) ALTERNATE: PB & J SANDWICH W/ BABY CARROTS OR YOGURT & FRUIT PARFAIT W/ GRANOLA  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE



This Institution is an equal opportunity provider.  
All grains offered are Whole Grain Rich

(V)- Vegetarian (DF) - Dairy Free

Choice of Organic Low Fat Milk or Soy Milk is offered daily

Menu items are subject to change based on product availability