

Monday
Tuesday
Wednesday
Thursday
Friday

1
2
 BEEF HOT DOG ON WHEAT B
 POTATO WEDGES
 FRESH FRUIT
 FRUIT JUICE
 (V) (DF) ALTERNATE: PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

3
 CHILI PIE FRITOS
 FRESH FRUIT
 FRUIT JUICE
 (V) (DF) ALTERNATE: PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

4
 RANCH CHICKEN & BACON SANDWICH
 BROCCOLI SALAD
 FRUIT JUICE
 (V) (DF) ALTERNATE: PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE


5
8
 CHICKEN TERIYAKI W/ BROCCOLI
 CARROTS & JASMINE RICE
 FRUIT JUICE
 (V) (DF) ALTERNATE: PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

9
 CHEF SALAD W/ NAAN BREA
 FRESH FRUIT
 FRUIT JUICE
 (V) (DF) ALTERNATE: PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

10
 TURKEY CHILI BEANS W/ CHEDD
 CORNBREAD MUFFINS
 FRESH FRUIT
 FRUIT JUICE
 (V) (DF) ALTERNATE: PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

11
 MINI CHICKEN CORN DOGS W/
 ON THE COB & FRUIT CUP
 FRESH FRUIT
 FRUIT JUICE
 (V) (DF) ALTERNATE: PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE


12
15
 MEATBALL MARINARA W/ SPINACH,
 PENNE PASTA, & GARLIC BREAD
 FRESH FRUIT
 FRUIT JUICE
 (V) VEGGIE NUGGETS W/ SPINACH, &
 PENNE PASTA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

16
 DRY RUB BONELESS WINGS W/ SWEET
 FRIED CORN & GARLIC NAAN
 FRESH FRUIT
 FRUIT JUICE
 (V) POWER UP! CAESAR SALAD
 (DF) PB & J KIT W/ FRUIT CUP
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

17
 GRILLED CHEESE SANDWICH
 FRUIT SALAD
 FRUIT JUICE
 (V) (DF) ALTERNATE: PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

18
 CHICKEN FAJITA W/ SPANISH RICE
 BLACK BEANS
 FRUIT JUICE
 (V) (DF) ALTERNATE: PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE


19
22
 TURKEY, LETTUCE & CHEES
 SANDWICH W/ CARROT STIC
 FRESH FRUIT
 FRUIT JUICE
 (V) (DF) ALTERNATE: PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

23
 BEEF HOT DOG ON WHEAT B
 POTATO WEDGES
 FRESH FRUIT
 FRUIT JUICE
 (V) (DF) ALTERNATE: PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

24
 CHILI PIE FRITOS
 ORANGE WEDGES
 FRUIT JUICE
 (V) (DF) ALTERNATE: PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

25
 CHICKEN & WAFFLES
 FRUIT CUP
 FRUIT JUICE
 (V) (DF) ALTERNATE: PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE


26
29
 CHEF SALAD W/ NAAN BREA
 FRESH FRUIT
 FRUIT JUICE
 (V) (DF) ALTERNATE: PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

30
 CHICKEN TERIYAKI W/ BROCCOLI,
 CARROTS & JASMINE RICE
 FRUIT JUICE
 (V) (DF) ALTERNATE: PB & J SANDWICH W/
 BABY CARROTS OR YOGURT & FRUIT
 PARFAIT W/ GRANOLA
 ORGANIC LOW FAT MILK
 SOY/NUT MILK ALTERNATIVE

This Institution is an equal opportunity
 provider.
 All grains offered are Whole Grain Rich

(V)- Vegetarian (DF) - Dairy Free

Choice of Organic Low Fat
 Milk or Soy Milk is offered
 daily

Menu items are subject to
 change based on product
 availability