

Monday
Tuesday
Wednesday
Thursday
Friday

1

BEEF HOT DOG ON WHEAT BUN
POTATO WEDGES
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

2

CHILI PIE FRITOS
ORANGE WEDGES
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

3

RANCH CHICKEN & BACON SANDWICH
BROCCOLI SALAD
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

4

5

CHICKEN TERIYAKI W/ BROCCOLI
CARROTS & JASMINE RICE
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

8

CHICKEN NUGGETS W/ MASHED
POTATOES & NAAN BREAD
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

9

TURKEY CHILI BEANS W/ CHEDDAR
CORN BREAD MUFFINS
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

10

MINI CHICKEN CORN DOGS W/
ON THE COB & FRUIT CUP
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

11

12

MEATBALL MARINARA W/ SPINACH
PENNE PASTA, & GARLIC BREAD
FRESH FRUIT
FRUIT JUICE
(V) VEGGIE NUGGETS W/ SPINACH, &
PENNE PASTA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

15

DRY RUB BONELESS WINGS W/ SWEET
FRIED CORN & GARLIC NAAN
FRESH FRUIT
FRUIT JUICE
(V) POWER UP! CAESAR SALAD
(DF) PB & J KIT W/ FRUIT CUP
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

16

GRILLED CHEESE SANDWICH
FRUIT SALAD
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

17

CHICKEN FAJITA W/ SPANISH RICE
BLACK BEANS
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

18

19

TURKEY, LETTUCE & CHEESE
SANDWICH W/ CARROT STICKS
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

22

BEEF HOT DOG ON WHEAT BUN
POTATO WEDGES
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

23

CHILI PIE FRITOS
ORANGE WEDGES
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

24

CHICKEN & WAFFLES
FRUIT CUP
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

25

26

CHICKEN NUGGETS W/ MASHED
POTATOES & NAAN BREAD
FRESH FRUIT
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

29

CHICKEN TERIYAKI W/ BROCCOLI,
CARROTS & JASMINE RICE
FRUIT JUICE
(V) (DF) ALTERNATE: PB & J SANDWICH W/
BABY CARROTS OR YOGURT & FRUIT
PARFAIT W/ GRANOLA
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

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