



## Monday



**1**

**8**

WHOLE GRAIN CEREAL  
FRESH FRUIT  
FRUIT JUICE  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

**15**

WHOLE GRAIN CEREAL  
FRESH FRUIT  
FRUIT JUICE  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

**22**

WHOLE GRAIN CEREAL  
FRESH FRUIT  
FRUIT JUICE  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

**29**

WHOLE GRAIN CEREAL  
FRESH FRUIT  
FRUIT JUICE  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

## Tuesday

**2**

YOGURT W/ FRUIT &  
GRANOLA  
FRESH FRUIT  
FRUIT JUICE  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

**9**

BANANA BREAD  
FRESH FRUIT  
FRUIT JUICE  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

**16**

FRENCH TOAST W/  
APPLESAUCE  
FRUIT JUICE  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

**23**

YOGURT W/ FRUIT &  
GRANOLA  
FRESH FRUIT  
FRUIT JUICE  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

**30**

BANANA BREAD  
FRESH FRUIT  
FRUIT JUICE  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

## Wednesday

**3**

WHOLE GRAIN CEREAL  
FRESH FRUIT  
FRUIT JUICE  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

**10**

WHOLE GRAIN CEREAL  
FRESH FRUIT  
FRUIT JUICE  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

**17**

WHOLE GRAIN CEREAL  
FRESH FRUIT  
FRUIT JUICE  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

**24**

WHOLE GRAIN CEREAL  
FRESH FRUIT  
FRUIT JUICE  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

## Thursday

**4**

BAGEL ASSORTMENT  
FRESH FRUIT  
FRUIT JUICE  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

**11**

COFFEE CAKE  
FRESH FRUIT  
FRUIT JUICE  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

**18**

CINNAMON ROLL  
FRESH FRUIT  
FRUIT JUICE  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

**25**

BAGEL ASSORTMENT  
FRESH FRUIT  
FRUIT JUICE  
ORGANIC LOW FAT MILK  
SOY/NUT MILK ALTERNATIVE

## Friday



**5**



**12**



**19**



**26**

