

Monday



Chorizo Potato Tacos w/
Spanish Rice & Green
Salad
Fresh Fruit
Fruit Juice
Organic Low Fat Milk
Soy/Nut Milk Alternative



Tuesday



Chicken Tenders & Buttermilk
Waffles
Fresh Fruit
Fruit Juice
(V) (DF) Options Available
Organic Low Fat Milk
Soy/Nut Milk Alternative

Wednesday



Pepperoni OR Cheese Pizza
Fruit Salad
Fruit Juice
(V) Meatless Chik'n Cuban Sandwich
Organic Low Fat Milk
Soy/Nut Milk Alternative

Thursday

Grilled Pastrami & Cheese
Sandwich w/ Veggie Crisps
OR (V) Meatless BBQ Pork Grilled
Cheese
Fruit Salad
Fruit Juice
Organic Low Fat Milk
Soy/Nut Milk Alternative

Salisbury Steak w/ Onions, Mashed
Potatoes, Spinach & Cornbread
Fresh Fruit
Fruit Juice
Chicken Nuggets, Mashed Potatoes,
Collard greens & Cornbread
Organic Low Fat Milk
Soy/Nut Milk Alternative

Friday



Chicken Salad w/ Mixed Greens &
Garlic Pita Bread
Fresh Fruit
Fruit Juice
(V) Meatless Chik'n Nuggets w/ Side
Salad
Organic Low Fat Milk
Soy/Nut Milk Alternative

Bacon Cheddar Tater Tots OR
Chicken Cheddar Tater Tots
Fresh Fruit
Fruit Juice
(V) Chik'n Cheddar Tater Tots
(DF) Options Available
Organic Low fat Milk
Soy/Nut Milk Alternative

Chicken Nuggets w/ Garlic Parm
Mashed Potatoes & Naan Bread
Fresh Fruit
Fruit Juice
(V) Meatless Chicken Nuggets w/
Potatoes
Organic Low fat Milk
Soy/Nut Milk Alternative

Spicy Chicken Sandwich w/
lettuce, tomato & Baby Carrots
Fresh Fruit
Fruit Juice
(V) (DF) Options Available
Organic Low Fat Milk
Soy/Nut Milk Alternative

Bean, Rice & Cheese Burrito
Fresh Fruit
Fruit Juice
Organic Low Fat Milk
Soy/Nut Milk Alternative

Turkey Club Croissant Sandwich
Fruit Salad
Fruit Juice
(V) Garden Salad w/ Toasted
Croissant
Organic Low Fat Milk
Soy/Nut Milk Alternative

Cheeseburger on Wheat Bun
w/ Potato Wedges
Fresh Fruit
Fruit Juice
(V) (DF) Options Available
Organic Low Fat Milk
Soy/Nut Milk Alternative

Sticky Beef Meatballs, carrots &
onions w/ Jasmine Rice
Fresh Fruit
Fruit Juice
(V) Meatless Sticky Beef & Veggies
w/ Rice
Organic Low Fat Milk
Soy/Nut Milk Alternative



**Campus
Closed**

Power Up! Chicken Caesar Salad w/
Garlic Naan
Fresh Fruit
Fruit Juice
(V) Power Up! Meatless Chik'n Caesar
Salad
(DF) Options Available
Organic Low Fat Milk
Soy/Nut Milk Alternative

Chicken Paella w/ peppers,
onions, and black beans
Fresh Fruit
Fruit Juice
(V) Meatless Chik'n Paella
Organic Low Fat Milk
Soy/Nut Milk Alternative

Grilled Chicken Quesadilla w/
Fruit Salad
OR (V) Meatless BBQ Pork Grilled
Cheese
Fruit Salad
Fruit Juice
Organic Low Fat Milk
Soy/Nut Milk Alternative

This Institution is an equal opportunity
provider.
All grains offered are Whole Grain Rich

(V)- Vegetarian (DF) - Dairy Free

Choice of Organic Low Fat
Milk or Soy Milk is offered
daily

Menu items are subject to change
based on product availability