

MAY 2025

PAL Charter Academy

May 1 - May 30

Friday Wednesday Monday **Tuesday Thursday** BISCUIT, EGG & CHEESE SANDWICH FRESH FRUIT FRUIT JUICE ORGANIC LOW FAT MILK SOY/NUT MILK ALTERNATIVE WHOLE GRAIN CEREAL CINNAMON ROLL WHOLE GRAIN CEREAL Mini Churros FRESH FRUIT FRESH FRUIT FRESH FRUIT Fresh Fruit FRUIT JUICE FRUIT JUICE FRUIT JUICE Fruit Juice ORGANIC LOW FAT MILK ORGANIC LOW FAT MILK ORGANIC LOW FAT MILK Organic Low Fat Milk SOY/NUT MILK SOY/NUT MILK SOY/NUT MILK Soy/Nut Milk Alternative ALTERNATIVE ALTERNATIVE ALTERNATIVE YOGURT W/ FRUIT & 1 2 WHOLE GRAIN CEREAL WHOLE GRAIN CEREAL SCRAMBLED EGGSW/ BUTTERMILK FRESH FRUIT GRANOLA FRESH FRUIT BISCUIT FRESH FRUIT FRUIT JUICE FRUIT JUICE FRESH FRUIT FRUIT JUICE ORGANIC LOW FAT MILK ORGANIC LOW FAT MILK FRUIT JUICE ORGANIC LOW FAT MILK SOY/NUT MILK SOY/NUT MILK ORGANIC LOW FAT MILK SOY/NUT MILK ALTERNATIVE SOY/NUT MILK ALTERNATIVE ALTERNATIVE ALTERNATIVE WHOLE GRAIN CEREALS BROWN BUTTER PANCAKES FRENCH TOAST WHOLE GRAIN CEREAL FRESH FRUIT FRESH FRUIT FRESH FRUIT APPLESAUCE FRUIT JUICE FRUIT JUICE FRESH FRUIT FRUIT JUICE ORGANIC LOW FAT MILK ORGANIC LOW FAT MILK FRUIT JUICE ORGANIC LOW FAT MILK SOY/NUT MILK SOY/NUT MILK ORGANIC LOW FAT MILK SOY/NUT MILK ALTERNATIVE ALTERNATIVE SOY/NUT MILK ALTERNATIVE ALTERNATIVE WHOLE GRAIN CEREALS MAPLE BUTTER OATMEAL W/ **BUTTERED GRITS** WHOLE WHEAT TOAST FRESH FRUIT FRESH FRUIT FRESH FRUIT FRUIT JUICE Campus FRUIT JUICE FRUIT JUICE ORGANIC LOW FAT MILK Closed ORGANIC LOW FAT MILK ORGANIC LOW FAT MILK SOY/NUT MILK SOY/NUT MILK ALTERNATIVE SQY/NUT MILK ALTERNATIVE ALTERNATIVE

This Institution is an equal opportunity provider. All grains offered are Whole Grain Rich

(V)- Vegetarian (DF) - Dairy Free

Choice of Organic Low Fat Milk or Soy Milk is offered daily

Menu items are subject to change based on product availability