

Monday

Tuesday

Wednesday

Thursday

Friday



Happy New Year ⁶

Happy New Year ⁷

Happy New Year ⁸

Happy New Year ⁹



Veggie Fried Rice w/ edamame
Fresh Fruit
Fruit Juice
(V) Eggless Veggie Fried Rice
Organic Low Fat Milk
Soy/Nut Milk Alternative ¹³

Chicken Tenders & Buttermilk
Waffles
Fresh Fruit
Fruit Juice
(V) (DF) Options Available
Organic Low Fat Milk
Soy/Nut Milk Alternative ¹⁴

Cuban Sandwich w/ Sweet Potato
Fries
OR Chicken Cuban Sandwich
Fresh Fruit
Fruit Juice
(V) Meatless Chik'n Cuban Sandwich
Organic Low Fat Milk
Soy/Nut Milk Alternative ¹⁵

Salisbury Steak w/ Onions, Green
Beans w/ potatoes & Roll ¹⁶
Fresh Fruit
Fruit Juice
(V) Meatless Meatballs w/ Green
Beans
Organic Low Fat Milk
Soy/Nut Milk Alternative



Chicken Salad w/ Mixed Greens &
Garlic Pita Bread ²⁰
Fresh Fruit
Fruit Juice
(V) Meatless Chik'n Nuggets w/ Side
Salad
Organic Low Fat Milk
Soy/Nut Milk Alternative

Walking Taco - beef, black beans,
tomato, cheddar, avocado ²¹
Fresh Fruit
Fruit Juice
(V) Veggie Walking Taco
(DF) Options Available
Organic Low fat Milk
Soy/Nut Milk Alternative

Lemon Pepper Wings w/ Roasted
Potatoes & Naan Bread ²²
Fresh Fruit
Fruit Juice
(V) Meatless Chicken Nuggets w/
Potatoes
Organic Low fat Milk
Soy/Nut Milk Alternative

Ranch Chicken & Bacon ²³
Sandwich w/ Baby Carrots
Fresh Fruit
Fruit Juice
(V) (DF) Options Available
Organic Low Fat Milk
Soy/Nut Milk Alternative



Cantina Black Bean Tostada Salad ²⁵
Fresh Fruit
Fruit Juice
Organic Low Fat Milk
Soy/Nut Milk Alternative

Turkey Club Croissant Sandwich ²⁶
Fruit Salad
Fruit Juice
(V) Garden Salad w/ Toasted
Croissant
Organic Low Fat Milk
Soy/Nut Milk Alternative

Cheeseburger on Wheat Bun w/
Potato Wedges ²⁹
Fresh Fruit
Fruit Juice
(V) (DF) Options Available
Organic Low Fat Milk
Soy/Nut Milk Alternative

Sticky Beef, carrots & onions w/
Jasmine Rice ³⁰
Fresh Fruit
Fruit Juice
(V) Meatless Sticky Beef & Veggies w/
Rice
Organic Low Fat Milk
Soy/Nut Milk Alternative



This Institution is an equal opportunity provider.
All grains offered are Whole Grain Rich

(V)- Vegetarian (DF) - Dairy Free

Choice of Organic Low Fat Milk or Soy Milk is offered daily

Menu items are subject to change based on product availability