

Monday

Tuesday

Wednesday

Thursday

Friday



WHOLE GRAIN CEREAL 1
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK
ALTERNATIVE

CHICKEN SAUSAGE & CHEESY 2
GRITS
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

BANANA BREAD 3
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK
ALTERNATIVE



WHOLE GRAIN CEREAL 7
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK
ALTERNATIVE

MAPLE BUTTER OATMEAL W/ 6
WHOLE WHEAT TOAST
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

WHOLE GRAIN CEREAL 9
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK
ALTERNATIVE

YOGURT W/ FRUIT & GRANOLA 10
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE



Indigenous 14
People's Day

No School

WHOLE GRAIN CEREAL 15
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK
ALTERNATIVE

WAFFLES & TURKEY 16
SAUSAGE
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK
ALTERNATIVE

WHOLE GRAIN CEREAL 17
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK
ALTERNATIVE



WHOLE GRAIN CEREAL 21
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK
ALTERNATIVE

BROWN BUTTER PANCAKES 22
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK
ALTERNATIVE

WHOLE GRAIN CEREAL 23
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK
ALTERNATIVE

CHILEQUILES VERDE W/ EGGS & 24
QUESO FRESCO
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE



BAGEL ASSORTMENT W/ CREAM 28
CHEESE
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

BANANA BREAD 29
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK
ALTERNATIVE

CHICKEN SAUSAGE & CHEESY 30
GRITS
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK ALTERNATIVE

WHOLE GRAIN CEREAL 31
FRESH FRUIT
FRUIT JUICE
ORGANIC LOW FAT MILK
SOY/NUT MILK
ALTERNATIVE



This Institution is an equal opportunity provider.
 All grains offered are Whole Grain Rich

(V)- Vegetarian (DF) - Dairy Free

Choice of Organic Low Fat Milk or Soy Milk is offered daily

Menu items are subject to change based on product availability