

Monday

Tuesday

Wednesday

Thursday

Friday



Bean, Rice, & Cheese Nachos w/ cabbage
OR Peanut Butter & Jam Sandwich w/ Fruit Cup & String Cheese
Fresh Fruit
Fruit Juice

Grilled Chicken & Cheese Sammie on Pita Bread
OR Peanut Butter & Jam Sandwich w/ Fruit Cup & String Cheese
Fresh Fruit
Fruit Juice

BBQ Chicken Quesadilla, Corn on the Cob & Mashed Potatoes
OR Peanut Butter & Jam Sandwich w/ String Cheese
Fresh Fruit
Fruit Juice

Penne Pasta w/ Chicken Marinara & Garlic Bread
OR Uncrustable w/ String Cheese & Crackers
Fresh Fruit
Fruit Juice

PCA Logo

Teriyaki Chicken & Fried Rice w/ Vegetables OR Turkey Palables w/ Fruit Cup
Fresh Fruit
Fruit Juice
Organic Low Fat Milk

Italian Pasta Salad
OR Turkey Palables w/ Fruit Cup
Fresh Fruit
Fruit Juice

Turkey & Cheese Croissant w/ Veggie Crisps & Applesauce
OR Peanut Butter & Jam Sandwich w/ Fruit Cup & String Cheese
Fresh Fruit
Fruit Juice

Pastrami & Cheese Sandwich
OR Turkey & Cheese Sandwich w/ Orange Wedges
Fruit Juice
Organic Low Fat Milk

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Chicken & Waffles w/ Diced Peaches
OR Turkey PALables w/ String Cheese
Fresh Fruit
Fruit Juice
Organic Low Fat Milk

Cheeseburger on Wheat Bun w/ Carrot Sticks & Ranch OR Turkey PALables w/ String Cheese
Fresh Fruit
Fruit Juice

Chicken Soft Tacos
Pinto Beans & Rice
OR Turkey Palables w/ Fruit Cup
Fresh Fruit
Fruit Juice
Organic Low Fat Milk

Chicken Nuggets, Mashed Potatoes, Roll
OR Turkey Palables w/ Fruit Cup
Fresh Fruit
Fruit Juice
Organic Low Fat Milk

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Beef Pepperoni Pizza
OR Veggie Pizza w/ Peach Slices
Fruit Juice
Organic Low Fat Milk

Chicken Nuggets w/ Roasted Potatoes & Naan Bread
OR Plant Based Nuggets w/ Roasted Potatoes & Naan
Fresh Fruit
Fruit Juice
Organic Low Fat Milk

Bean, Rice & Cheese Nachos w/ cabbage
OR Turkey PALables w/ String Cheese
Fresh Fruit
Fruit Juice

Chicken Sandwich w/ Fruit Salad
OR Turkey PALables w/ String Cheese
Fresh Fruit
Fruit Juice

PCA Logo

Turkey Sandwich w/ Cheese
OR Peanut Butter & Jam Sandwich w/ String Cheese and Fruit Cup
Fresh Fruit
Fruit Juice
Organic Low Fat Milk

PCA Logo

Turkey Sandwich w/ Cheese
OR Peanut Butter & Jam Sandwich w/ String Cheese and Fruit Cup
Fresh Fruit
Fruit Juice
Organic Low Fat Milk

PCA Logo

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This Institution is an equal opportunity provider.
All grains offered are Whole Grain Rich

(V)- Vegetarian (DF) - Dairy Free

Choice of Organic Low Fat Milk or Soy Milk is offered daily

Menu items are subject to change based on product availability